

# OPEN GYMNASIUM



**October 2026**

The gymnasium is for Fitness Center Members during the times listed below.  
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

(Gymnasium schedule will change month to month)

| SUNDAY                              | MONDAY                              | TUESDAY                                                   | WEDNESDAY                           | THURSDAY                                                 | FRIDAY                                                   | SATURDAY                           |
|-------------------------------------|-------------------------------------|-----------------------------------------------------------|-------------------------------------|----------------------------------------------------------|----------------------------------------------------------|------------------------------------|
| <b>Sept 27</b><br>7:00 am – 7:00 pm | <b>Sept 28</b><br>5:30 am – 3:00 pm | <b>Sept 29</b><br>5:30 am – 3:00 pm<br>6:00 pm – 10:00 pm | <b>Sept 30</b><br>5:30 am – 3:00 pm | <b>Oct 1</b><br>5:30 am – 9:00 am<br>12:00 pm – 3:00 pm  | <b>Oct 2</b><br>5:30 am – 10:00 pm                       | <b>Oct 3</b><br>7:00 am – 7:00 pm  |
| <b>Oct 4</b><br>7:00 am – 7:00 pm   | <b>Oct 5</b><br>5:30 am – 3:00 pm   | <b>Oct 6</b><br>5:30 am – 3:00 pm<br>6:00 pm – 10:00 pm   | <b>Oct 7</b><br>5:30 am – 3:00 pm   | <b>Oct 8</b><br>5:30 am – 9:00 am<br>12:00 pm – 3:00 pm  | <b>Oct 9</b><br>5:30 am – 10:00 pm                       | <b>Oct 10</b><br>7:00 am – 7:00 pm |
| <b>Oct 11</b><br>7:00 am – 7:00 pm  | <b>Oct 12</b><br>5:30 am – 3:00 pm  | <b>Oct 13</b><br>5:30 am – 3:00 pm<br>6:00 pm – 10:00 pm  | <b>Oct 14</b><br>5:30 am – 3:00 pm  | <b>Oct 15</b><br>5:30 am – 9:00 am<br>12:00 pm – 3:00 pm | <b>Oct 16</b><br>5:30 am – 10:00 pm                      | <b>Oct 17</b><br>7:00 am – 7:00 pm |
| <b>Oct 18</b><br>7:00 am – 7:00 pm  | <b>Oct 19</b><br>5:30 am – 3:00 pm  | <b>Oct 20</b><br>5:30 am – 3:00 pm<br>6:00 pm – 10:00 pm  | <b>Oct 21</b><br>5:30 am – 3:00 pm  | <b>Oct 22</b><br>5:30 am – 9:00 am<br>12:00 pm – 3:00 pm | <b>Oct 23</b><br>5:30 am – 5:00 pm<br>8:30 pm – 10:00 pm | <b>Oct 24</b><br>7:00 am – 7:00 pm |
| <b>Oct 25</b><br>7:00 am – 7:00 pm  | <b>Oct 26</b><br>5:30 am – 3:00 pm  | <b>Oct 27</b><br>5:30 am – 3:00 pm<br>6:00 pm – 10:00 pm  | <b>Oct 28</b><br>5:30 am – 3:00 pm  | <b>Oct 29</b><br>5:30 am – 9:00 am<br>12:00 pm – 3:00 pm | <b>Oct 30</b><br>5:30 am – 10:00 pm                      | <b>Oct 31</b><br>7:00 am – 7:00 pm |