

## REC POOL SCHEDULE

## LAP POOL SCHEDULE

5:30 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 AM	RECREATION & FAMILY SWIM					AQUA FIT	
8:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM						DEEP WATER AQUA FIT	
10:00 AM	LESSONS	REC & FAMILY SWIM	SHALLOW WATER AQUA FIT			LAP SWIM	LAP SWIM
11:00 AM							
NOON	ADULT SWIM						
1:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
2:00 PM	LESSONS						
3:00 PM							
4:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
5:00 PM	LESSONS	REC & FAMILY SWIM	LESSONS				
6:00 PM							
7:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
8:00 PM							
9:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:45 PM							

Rec Pool and Lap Pool lanes are unavailable outside of Recreation & Family Swim and Lap Swim. Lap lane availability is subject to change.

## REC POOL SCHEDULE

## LAP POOL SCHEDULE

5:30 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 AM	RECREATION & FAMILY SWIM						
8:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM	LESSONS	REC & FAMILY SWIM	LESSONS				
10:00 AM							
11:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
NOON	ADULT SWIM		SHALLOW WATER AQUA FIT				
1:00 PM			LESSONS				
2:00 PM	LESSONS		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
3:00 PM	LESSONS	REC & FAMILY SWIM					
4:00 PM							
5:00 PM			LESSONS		LAP SWIM	LAP SWIM	LAP SWIM
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:45 PM							

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# WEDNESDAY

## REC POOL SCHEDULE

## LAP POOL SCHEDULE

5:30 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 AM	AQUA FIT 30/30					AQUA FIT 30/30	
8:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM						DEEP WATER AQUA FIT	
10:00 AM	LESSONS	REC & FAMILY SWIM	SHALLOW WATER AQUA FIT			LAP SWIM	LAP SWIM
11:00 AM			LAP SWIM	LAP SWIM	LAP SWIM		
NOON	ADULT SWIM						
1:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
2:00 PM	LESSONS						
3:00 PM			LESSONS				
4:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
5:00 PM	LESSONS	REC & FAMILY SWIM	LESSONS				
6:00 PM							
7:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
8:00 PM							
9:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:45 PM							

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## LAP POOL SCHEDULE

5:30 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 AM	RECREATION & FAMILY SWIM						
8:00 AM							
9:00 AM	LESSONS		LESSONS	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
10:00 AM	LESSONS	REC & FAMILY SWIM					
11:00 AM							
NOON	AQUA FIT		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00 PM	ADULT SWIM						
2:00 PM	LESSONS		LAP SWIM	LAP SWIM			
3:00 PM			LESSONS		LAP SWIM	LAP SWIM	LAP SWIM
4:00 PM			LESSONS				
5:00 PM	LESSONS	REC & FAMILY SWIM				LESSONS	
6:00 PM				LAP SWIM	LAP SWIM	LESSONS	
7:00 PM						LESSONS	
8:00 PM							
9:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:45 PM							

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## REC POOL SCHEDULE

## LAP POOL SCHEDULE

5:30 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	DEEP WATER AQUA FIT		
10:00 AM			SHALLOW WATER AQUA FIT			LAP SWIM	LAP SWIM
11:00 AM	LESSONS		SHALLOW WATER AQUA FIT			LAP SWIM	LAP SWIM
NOON	ADULT SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
2:00 PM	LESSONS	REC & FAMILY SWIM	LESSONS			LAP SWIM	LAP SWIM
3:00 PM	LESSONS		LESSONS	LAP SWIM	LAP SWIM	LAP SWIM	
4:00 PM	LESSONS	REC & FAMILY SWIM	LAP SWIM	LESSONS			LAP SWIM
5:00 PM	LESSONS		LESSONS	LAP SWIM	LAP SWIM	LAP SWIM	
6:00 PM	LESSONS	REC & FAMILY SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
7:00 PM	LESSONS		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
8:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:45 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM

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## LAP POOL SCHEDULE

7:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM	LESSONS		LESSONS		LAP SWIM	LAP SWIM	LAP SWIM
NOON							
1:00 PM							
2:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
3:00 PM			LAP SWIM	LAP SWIM			
4:00 PM							
5:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
6:00 PM							
6:45 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM

## REC POOL SCHEDULE

## LAP POOL SCHEDULE

7:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00 AM	LESSONS		LESSONS		LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM							
10:00 AM							
11:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
NOON							
1:00 PM							
2:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
3:00 PM							
4:00 PM							
5:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
6:00 PM							
6:45 PM							