

REC POOL SCHEDULE

LAP POOL SCHEDULE

5:30 AM							
7:00 AM	RECREATION & FAMILY SWIM					AQUA FIT	
8:00 AM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM						DEEP WATER AQUA FIT	
10:00 AM	LESSONS	REC & FAMILY SWIM	SHALLOW WATER AQUA FIT				
11:00 AM							
NOON							
1:00 PM	ADULT SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
2:00 PM	RECREATION & FAMILY SWIM						
3:00 PM							
4:00 PM					LAP SWIM	LAP SWIM	LAP SWIM
5:00 PM	LESSONS	REC & FAMILY SWIM	LESSONS				
6:00 PM							
7:00 PM							
8:00 PM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 PM							
9:45 PM							

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5:30 AM	RECREATION & FAMILY SWIM							
7:00 AM								
8:00 AM								
9:00 AM	LESSONS	REC & FAMILY SWIM						
10:00 AM								
11:00 AM								
NOON	ADULT SWIM							
1:00 PM	RECREATION & FAMILY SWIM		SHALLOW WATER AQUA FIT					
2:00 PM								
3:00 PM								
4:00 PM	LESSONS	REC & FAMILY SWIM	LESSONS					
5:00 PM								
6:00 PM								
7:00 PM	LESSONS		REC & FAMILY SWIM	LESSONS				
8:00 PM								
9:00 PM								
9:45 PM								

Rec Pool and Lap Pool lanes are unavailable outside of Recreation & Family Swim and Lap Swim. Lap lane availability is subject to change.

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5:30 AM	RECREATION & FAMILY SWIM							
7:00 AM								
7:00 AM	AQUA FIT 30/30						AQUA FIT 30/30	
8:00 AM								
8:00 AM				LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 AM								
9:00 AM							DEEP WATER AQUA FIT	
10:00 AM								
10:00 AM	LESSONS	REC & FAMILY SWIM		SHALLOW WATER AQUA FIT				
11:00 AM								
11:00 AM								
NOON	ADULT SWIM							
1:00 PM				LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00 PM								
2:00 PM								
2:00 PM	RECREATION & FAMILY SWIM							
3:00 PM								
3:00 PM								
4:00 PM								
4:00 PM						LAP SWIM	LAP SWIM	LAP SWIM
5:00 PM	LESSONS	REC & FAMILY SWIM		LESSONS				
6:00 PM								
6:00 PM								
7:00 PM								
7:00 PM								
8:00 PM				LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 PM								
9:45 PM								

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7:00 AM	RECREATION & FAMILY SWIM			LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00 AM							
9:00 AM				LESSONS			
10:00 AM	LESSONS	REC & FAMILY SWIM					
11:00 AM				LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
NOON	AQUA FIT						
1:00 PM	ADULT SWIM						
2:00 PM	RECREATION & FAMILY SWIM						
3:00 PM							
4:00 PM				LESSONS	LAP SWIM	LAP SWIM	LAP SWIM
5:00 PM	LESSONS	REC & FAMILY SWIM					
6:00 PM						LESSONS	
7:00 PM							
8:00 PM				LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00 PM							
9:45 PM							

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7:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
8:00 AM								
9:00 AM								
10:00 AM								
11:00 AM	LESSONS		LESSONS					
NOON								
1:00 PM					LAP SWIM	LAP SWIM	LAP SWIM	
2:00 PM								
3:00 PM								
4:00 PM								
5:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
6:00 PM								
6:45 PM								

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7:00 AM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
8:00 AM								
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11:00 AM	LESSONS		LESSONS					
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1:00 PM					LAP SWIM	LAP SWIM	LAP SWIM	
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5:00 PM	RECREATION & FAMILY SWIM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
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