

OPEN GYMNASIUM

JCCSF

AUGUST 2025

The gymnasium is for Fitness Center Members during the times listed below.
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month
(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY 27 7:00 am – 7:00 pm	JULY 28 5:30 am – 8:30 am 4:00 pm – 6:00 pm	JULY 29 5:30 am – 8:30 am 4:00 pm – 10:00 pm	JULY 30 5:30 am – 8:30 am 4:00 pm – 6:00 pm	JULY 31 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 1 5:30 am – 8:30 am 4:00 pm – 10:00 pm	AUGUST 2 7:00 am – 7:00 pm
AUGUST 3 7:00 am – 7:00 pm	AUGUST 4 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 5 5:30 am – 8:30 am 4:00 pm – 10:00 pm	AUGUST 6 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 7 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 8 5:30 am – 8:30 am 4:00 pm – 10:00 pm	AUGUST 9 7:00 am – 7:00 pm
AUGUST 10 7:00 am – 7:00 pm	AUGUST 11 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 12 5:30 am – 8:30 am 4:00 pm – 10:00 pm	AUGUST 13 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 14 5:30 am – 8:30 am 4:00 pm – 6:00 pm	AUGUST 15 5:30 am – 8:30 am 4:00 pm – 10:00 pm	AUGUST 16 7:00 am – 7:00 pm
AUGUST 17 7:00 am – 7:00 pm	AUGUST 18 5:30 am – 6:00 pm	AUGUST 19 5:30 am – 10:00 pm	AUGUST 20 5:30 am – 6:00 pm	AUGUST 21 5:30 am – 6:00 pm	AUGUST 22 5:30 am – 10:00 pm	AUGUST 23 7:00 am – 7:00 pm
AUGUST 24 7:00 am – 7:00 pm AUGUST 31 CLOSED FOR RESURFACING	AUGUST 25 CLOSED FOR RESURFACING	AUGUST 26 CLOSED FOR RESURFACING	AUGUST 27 CLOSED FOR RESURFACING	AUGUST 28 CLOSED FOR RESURFACING	AUG 29 CLOSED FOR RESURFACING	AUG 30 CLOSED FOR RESURFACING