

# OPEN GYMNASIUM



**JULY 2025**

The gymnasium is for Fitness Center Members during the times listed below.  
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month  
(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>JUNE 29</b> 7:00 am – 10:30 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	<b>JUNE 30</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 1</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 2</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 3</b> 5:30 am – 8:30 am East: 4:00 pm – 8:00 pm West: 4:00 pm- 6:00 pm	<b>JULY 4</b> 7:00 am – 3:00 pm	<b>JULY 5</b> 7:00 am – 7:00 pm
<b>JULY 6</b> 7:00 am – 10:30 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	<b>JULY 7</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 8</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 9</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 10</b> 5:30 am – 8:30 am East: 4:00 pm – 8:00 pm West: 4:00 pm- 6:00 pm	<b>JULY 11</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>JULY 12</b> 7:00 am – 7:00 pm
<b>JULY 13</b> 7:00 am – 10:30 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	<b>JULY 14</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 15</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 16</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 17</b> 5:30 am – 8:30 am East: 4:00 pm – 8:00 pm West: 4:00 pm- 6:00 pm	<b>JULY 18</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>JULY 19</b> 7:00 am – 7:00 pm
<b>JULY 20</b> 7:00 am – 10:30 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	<b>JULY 21</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 22</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 23</b> 5:30 am – 8:30 am East: 4:00 pm – 10:00 pm West: 4:00 pm- 6:00 pm 8:00 pm – 10:00 pm	<b>JULY 24</b> 5:30 am – 8:30 am East: 4:00 pm – 8:00 pm West: 4:00 pm- 6:00 pm	<b>JULY 25</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>JULY 26</b> 7:00 am – 7:00 pm
<b>JULY 27</b> 7:00 am – 7:00 pm	<b>JULY 28</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 29</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>JULY 30</b> 5:30 am – 8:30 am 4:00 pm – 6:00 pm	<b>JULY 31</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>AUG 1</b> 5:30 am – 8:30 am 4:00 pm – 10:00 pm	<b>AUG 2</b> 7:00 am – 7:00 pm