

OPEN GYMNASIUM

JCCSF

MAY 2025

The gymnasium is for Fitness Center Members during the times listed below.
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month
(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 27 7:00 am – 7:00 pm	APRIL 28 5:30 am – 2:30 pm	APRIL 29 5:30 am – 2:30 pm 6:30 pm – 10:00 pm	APRIL 30 5:30 am – 2:30 pm	MAY 1 5:30 am – 9:00 am 12:00 pm – 2:30 pm	MAY 2 5:30 am – 10:00 pm	MAY 3 7:00 am – 7:00 pm
MAY 4 West: 7:00 am – 7:00 pm East: 7:00 am – 10:00 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	MAY 5 5:30 am – 2:30 pm	MAY 6 West: 5:30 am – 2:30 pm 6:30 pm – 10:00 pm East: 5:30 am – 2:30 pm 8:30 pm – 10:00 pm	MAY 7 5:30 am – 2:30 pm	MAY 8 5:30 am – 9:00 am 12:00 pm – 2:30 pm	MAY 9 5:30 am – 10:00 pm	MAY 10 7:00 am – 7:00 pm
MAY 11 7:00 am – 7:00 pm	MAY 12 5:30 am – 2:30 pm	MAY 13 West: 5:30 am – 2:30 pm 6:30 pm – 10:00 pm East: 5:30 am – 2:30 pm 8:30 pm – 10:00 pm	MAY 14 5:30 am – 2:30 pm	MAY 15 5:30 am – 9:00 am 12:00 pm – 2:30 pm	MAY 16 5:30 am – 10:00 pm	MAY 17 7:00 am – 7:00 pm
MAY 18 West: 7:00 am – 7:00 pm East: 7:00 am – 10:00 am 12:00 pm – 4:00 pm 5:30 pm – 7:00 pm	MAY 19 5:30 am – 2:30 pm	MAY 20 West: 5:30 am – 2:30 pm 6:30 pm – 10:00 pm East: 5:30 am – 2:30 pm 8:30 pm – 10:00 pm	MAY 21 5:30 am – 2:30 pm	MAY 22 5:30 am – 9:00 am 12:00 pm – 2:30 pm	MAY 23 5:30 am – 10:00 pm	MAY 24 7:00 am – 7:00 pm
MAY 25 7:00 am – 7:00 pm	MAY 26 5:30 am – 6:30 pm	MAY 27 5:30 am – 10:00 pm	MAY 28 5:30 am – 6:30 pm	MAY 29 5:30 am – 9:00 am 12:00 pm – 6:30 pm	MAY 30 5:30 am – 10:00 pm	MAY 31 7:00 am – 7:00 pm