

OPEN GYMNASIUM

JCCSF

SEPTEMBER 2025

The gymnasium is for Fitness Center Members during the times listed below.
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUG 31 7:00 am – 7:00 pm	SEPT 1 7:00 am – 3:00 pm	SEPT 2 5:30 am – 10:00 pm	SEPT 3 5:30 am – 4:00 pm	SEPT 4 5:30 am – 6:00 pm	SEPT 5 5:30 am – 10:00 pm	SEPT 6 7:00 am – 7:00 pm
SEPT 7 7:00 am – 7:00 pm	SEPT 8 5:30 am – 3:00 pm	SEPT 9 5:30 am – 9:00 am 12:00 pm – 3:00 pm 6:00 pm – 10:00 pm	SEPT 10 5:30 am – 3:00 pm	SEPT 11 5:30 am – 9:00 am 12:00 pm – 3:00 pm	SEPT 12 5:30 am – 10:00 pm	SEPT 13 7:00 am – 7:00 pm
SEPT 14 7:00 am – 7:00 pm	SEPT 15 5:30 am – 3:00 pm	SEPT 16 5:30 am – 9:00 am 12:00 pm – 3:00 pm 6:00 pm – 10:00 pm	SEPT 17 5:30 am – 3:00 pm	SEPT 18 5:30 am – 9:00 am 12:00 pm – 3:00 pm	SEPT 19 5:30 am – 10:00 pm	SEPT 20 7:00 am – 7:00 pm
SEPT 21 7:00 am – 7:00 pm	SEPT 22 5:30 am – 3:00 pm	SEPT 23 CLOSED	SEPT 24 CLOSED	SEPT 25 5:30 am – 9:00 am 12:00 pm – 3:00 pm 6:00 pm – 10:00 pm	SEPT 26 5:30 am – 10:00 pm	SEPT 27 7:00 am – 7:00 pm
SEPT 28 7:00 am – 7:00 pm	SEPT 29 5:30 am – 3:00 pm	SEPT 30 5:30 am – 9:00 am 12:00 pm – 3:00 pm 6:00 pm – 10:00 pm	OCT 1 5:30 am – 3:00 pm	OCT 2 CLOSED	OCT 3 5:30 am – 10:00 pm	OCT 4 7:00 am – 7:00 pm