

OPEN GYMNASIUM



May 2024

The gymnasium is for Fitness Center Members during the times listed below.
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month
(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 28 7:00 am – 10:30 am 12:30 pm – 7:00 pm *JCCSF Maccabi Basketball*	APRIL 29 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	APRIL 30 West Court: 5:30 am – 3:00 pm // 4:15pm – 10:00 pm East Court: 5:30 am – 10:00 pm	MAY 1 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 2 West Court: 5:30 am – 9:00 am // 12:00 pm – 3:00 pm // 5:15 pm – 6:00 pm East Court: 5:30 am – 9:00 am // 12:00 pm – 4:00 pm // 5:15 pm – 6:00 pm	MAY 3 West Court: 5:30 am – 3:00 pm // 5:15 pm – 10:00 pm East Court: 5:30 am – 10:00 pm	7:00 am – 7:00 pm
MAY 5 7:00 am – 10:30 am 12:30 pm – 7:00 pm *JCCSF Maccabi Basketball*	MAY 6 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 7 West Court: 5:30 am – 3:00 pm // 4:15pm – 10:00 pm East Court: 5:30 am – 10:00 pm	MAY 8 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 9 West Court: 5:30 am – 9:00 am // 12:00 pm – 3:00 pm // 5:15 pm – 6:00 pm East Court: 5:30 am – 9:00 am // 12:00 pm – 4:00 pm // 5:15 pm – 6:00 pm	MAY 10 West Court: 5:30 am – 10:00 pm East Court: 5:30 am – 9:00 am // 3:30 pm – 10:00 pm	7:00 am – 7:00 pm
MAY 12 7:00 am – 10:30 am 12:30 pm – 7:00 pm *JCCSF Maccabi Basketball*	MAY 13 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 14 West Court: 5:30 am – 3:00 pm // 4:15pm – 10:00 pm East Court: 5:30 am – 10:00 pm	MAY 15 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 16 West Court: 5:30 am – 9:00 am // 12:00 pm – 3:00 pm // 5:15 pm – 6:00 pm East Court: 5:30 am – 9:00 am // 12:00 pm – 4:00 pm // 5:15 pm – 6:00 pm	MAY 17 West Court: 5:30 am – 3:00 pm // 5:15 pm – 10:00 pm East Court: 5:30 am – 10:00 pm	7:00 am – 7:00 pm
MAY 19 7:00 am – 10:30 am 12:30 pm – 7:00 pm *JCCSF Maccabi Basketball*	MAY 20 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 21 West Court: 5:30 am – 3:00 pm // 4:15pm – 10:00 pm East Court: 5:30 am – 10:00 pm	MAY 22 West Court: 5:30 am – 3:00 pm East Court: 5:30 am – 6:00 pm	MAY 23 West Court: 5:30 am – 9:00am // 12:00 pm – 3:00 pm // 5:15 pm – 6:00 pm East Court: 5:30 am – 9:00 am // 12:00 pm – 4:00pm // 5:15 pm – 6:00 pm	MAY 24 West Court: 5:30 am – 3:00 pm // 5:15 pm – 10:00 pm East Court: 5:30 am – 10:00 pm	7:00 am – 7:00 pm
MAY 26 7:00 am – 10:30 am 12:30 pm – 7:00 pm *JCCSF Maccabi Basketball*	MAY 27 5:30 am – 3:00 pm	MAY 28 5:30 am – 10:00 pm	MAY 29 5:30 am – 6:00 pm	MAY 30 5:30 am – 9:00 am 12:00 pm – 6:00 pm	MAY 31 5:30 am – 10:00 pm	JUNE 1 7:00 am – 7:00 pm