

OPEN GYMNASIUM



November 2022

The gymnasium is for Fitness Center Members during the times listed below.

To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month
(Gymnasium schedule will change month to month)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCTOBER 30 7:00 am – 5:00 pm	OCTOBER 31 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 1 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 2 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 3:15 pm / 5:00 pm – 8:45 pm	NOVEMBER 3 5:30 am - 2:45 pm 5:30 pm – 8:45pm	NOVEMBER 4 5:30 am – 2:45 pm 6:00 pm – 8:45 pm	NOVEMBER 5 7:00 am – 5:00 pm
NOVEMBER 6 7:00 am – 5:00 pm	NOVEMBER 7 5:30 am - 2:45 pm 6:00 pm – 8:45pm	NOVEMBER 8 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 9 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 10 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 11 5:30 am – 8:45 pm	NOVEMBER 12 7:00 am – 5:00 pm
NOVEMBER 13 7:00 am – 5:00 pm	NOVEMBER 14 5:30 am - 2:45 pm 6:00 pm – 8:45pm	NOVEMBER 15 5:30 am – 8:45 pm	NOVEMBER 16 5:30 am - 2:45 pm 6:00 pm – 8:45pm	NOVEMBER 17 West Gym: 5:30 am – 3:15 pm / 5:00 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	NOVEMBER 18 5:30 am – 2:45 pm 4:30 pm – 8:45 pm	NOVEMBER 19 7:00 am – 5:00 pm
NOVEMBER 20 7:00 am – 5:00 pm	NOVEMBER 21 5:30 am – 8:45 pm	NOVEMBER 22 5:30 am – 8:45 pm	NOVEMBER 23 5:30 am – 8:45 pm	NOVEMBER 24 7:00 am – 3:00 pm	NOVEMBER 25 5:30 am – 8:45 pm	NOVEMBER 26 7:00 am – 5:00 pm
NOVEMBER 27 7:00 am – 5:00 pm	NOVEMBER 28 5:30 am - 2:45 pm 6:00 pm – 8:45pm	November 29 5:30 am – 8:45 pm	November 30 5:30 am - 2:45 pm 6:00 pm – 8:45pm	DECEMBER 1 West Gym: 5:30 am – 3:30 pm / 5:30 pm – 8:45 pm East Gym: 5:30 am – 8:45 pm	DECEMBER 2 5:30 am – 2:45 pm 6:00 pm – 8:45 pm	DECEMBER 3 5:30 am – 8:45 pm